



Kingsway Primary School

PSHE Policy

1. Aims and Intent

At Kingsway Primary School, Personal, Social, Health and Economic (PSHE) education is central to our vision of developing confident, respectful and responsible individuals. We are committed to providing a high-quality PSHE curriculum that equips children with the knowledge, skills and attitudes they need to thrive both now and in the future.

Our PSHE curriculum is underpinned by our core values:

- **Care about togetherness**
- **Inspired to grow**
- **Passionate about learning**
- **Thrive on difference**

Through PSHE, we aim to nurture pupils who are empathetic, resilient and able to make informed choices about their wellbeing, relationships and place in the wider world.

2. Curriculum and Implementation

PSHE is taught weekly across the school using the **Jigsaw** scheme of work from Year 1 to Year 6, and **Think Equal** in the Early Years Foundation Stage. These programmes provide a structured, progressive curriculum that builds on children's knowledge and skills over time.

The curriculum covers key areas including:

- Mental health and emotional wellbeing
- Relationships and friendships
- Physical health and healthy lifestyles
- Safety and risk management
- Aspirations, goals and personal development

Learning is carefully sequenced to ensure progression and revisiting of key concepts.

3. Relationships Education and RSE

Relationships and Sex Education (RSE) is delivered as part of the PSHE curriculum in line with statutory guidance. Kingsway Primary School has a separate **RSE policy** which outlines the content and approach in detail.

We ensure that all teaching is:

- Age-appropriate
- Inclusive
- Sensitive to the needs of all pupils

Parents and carers are informed and involved in line with statutory requirements.

4. Teaching and Learning Approach

At Kingsway, we use a **relational approach** in all aspects of school life. This means that positive relationships are at the heart of teaching and learning, and pupils feel safe, valued and respected.

PSHE lessons provide:

- Opportunities for discussion and reflection
- A safe and supportive environment for sharing ideas
- Structured activities to develop social and emotional skills

Teachers use a range of strategies including talk, role-play, collaborative learning and real-life scenarios to engage pupils and deepen understanding.

5. Inclusion and Equality

We are committed to ensuring that PSHE is accessible to all pupils. Teaching reflects the diverse nature of our community and promotes respect for difference, in line with our value of **thriving on difference**.

All pupils are supported to:

- Feel included and valued
- Develop a sense of belonging
- Understand and respect others

Adaptations are made where necessary to meet individual needs.

6. Impact

Through our PSHE curriculum, pupils will:

- Develop strong emotional literacy and self-awareness

- Build positive relationships with others
- Understand how to stay safe and healthy
- Show respect for diversity and difference
- Be prepared for the next stage of their education and life beyond school

We assess impact through:

- Pupil voice
 - Teacher assessment
 - Observations of behaviour and attitudes
 - Monitoring of lessons and outcomes
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7. Monitoring and Review

The PSHE subject leader is responsible for:

- Monitoring the quality of teaching and learning
- Supporting staff with planning and delivery
- Reviewing the curriculum to ensure it remains relevant and effective

This policy will be reviewed regularly to ensure it reflects current guidance and best practice.

8. Safeguarding

PSHE contributes significantly to safeguarding by helping pupils understand:

- How to stay safe
- How to seek help
- How to recognise risks

All staff follow the school's safeguarding procedures when concerns arise.

9. Conclusion

At Kingsway Primary School, PSHE is a vital part of our curriculum and ethos. Through a consistent, values-led approach, we aim to develop pupils who are confident, compassionate and prepared for life in modern Britain.