



# The Nest Curriculum Plan (Reception-Year 2)

This plan provides a simplified, practical term-by-term curriculum for The Nest (Reception-Year 2). Each term includes a theme, picture book, school value, and suggested activities for each developmental area. This broad overview provides a starting point for learning, which will be adapted for the strengths, needs and interests of individual children.

# Autumn 1: All About Me

**Picture Book:** The Day You Begin

**School Value:** We thrive on difference



## Communication & Language

Circle time: sharing name and favourite things using visuals

**Adaptations:** Visual supports, picture cards, simple phrases



## PSED

Emotion matching games, Zones of Regulation introduction

**Adaptations:** Emotion cards, visual schedules, sensory breaks



## Physical Development

Gross motor: obstacle course, fine motor: threading beads

**Adaptations:** Adapted equipment, visual cues, step-by-step guidance



## Literacy

Mark-making about self, name recognition activities

**Adaptations:** Thick markers, textured paper, name cards with photos



## Maths

Counting fingers, comparing sizes with real objects

**Adaptations:** Concrete objects, songs, visual number lines



## Understanding the World

Explore family photos, talk about home routines

**Adaptations:** Personal photo books, routine cards, sensory props



## Expressive Arts & Design

Self-portrait using paint and collage

**Adaptations:** Large brushes, textured materials, guided steps

# Autumn 2: Celebrations

**Picture Book:** Lights on Cotton Rock

**School Value:** We care about togetherness



## Communication & Language

Role-play party scenarios, using key phrases

**Adaptations:** Visual supports, picture cards, simple phrases



## PSED

Sharing resources in group activities

**Adaptations:** Emotion cards, visual schedules, sensory breaks



## Physical Development

Dance to celebration music, hand-eye coordination games

**Adaptations:** Adapted equipment, visual cues, step-by-step guidance



## Literacy

Make simple cards with symbols and names

**Adaptations:** Thick markers, textured paper, name cards with photos



## Maths

Sorting party items by colour and size

**Adaptations:** Concrete objects, songs, visual number lines



## Understanding the World

Explore different cultural festivals with sensory props

**Adaptations:** Personal photo books, routine cards, sensory props



## Expressive Arts & Design

Create celebration decorations using bright colours

**Adaptations:** Large brushes, textured materials, guided steps

# Spring 1: Journeys

**Picture Book:** The Journey

**School Value:** We are inspired to grow



## Communication & Language

Talk about places visited using photos and symbols

**Adaptations:** Visual supports, picture cards, simple phrases



## Literacy

Sequence pictures to tell a simple journey story

**Adaptations:** Thick markers, textured paper, name cards with photos



## Expressive Arts & Design

Create transport models from recycled materials

**Adaptations:** Large brushes, textured materials, guided steps



## PSED

Practice turn-taking in travel-themed games

**Adaptations:** Emotion cards, visual schedules, sensory breaks



## Maths

Measure distance with steps, compare lengths

**Adaptations:** Concrete objects, songs, visual number lines



## Physical Development

Movement games: pretend transport actions

**Adaptations:** Adapted equipment, visual cues, step-by-step guidance



## Understanding the World

Explore maps and routes with toy vehicles

**Adaptations:** Personal photo books, routine cards, sensory props

# Spring 2: Nature

**Picture Book:** The Curious Garden

**School Value:** We are passionate about learning



## Communication & Language

Name plants and animals using visuals

**Adaptations:** Visual supports, picture cards, simple phrases



## Literacy

Label plant parts with pictures and words

**Adaptations:** Thick markers, textured paper, name cards with photos



## Expressive Arts & Design

Leaf printing and nature collages

**Adaptations:** Large brushes, textured materials, guided steps



## PSED

Caring for plants together, sharing watering cans

**Adaptations:** Emotion cards, visual schedules, sensory breaks



## Maths

Count petals, compare leaf sizes

**Adaptations:** Concrete objects, songs, visual number lines



## Physical Development

Digging and planting activities outdoors

**Adaptations:** Adapted equipment, visual cues, step-by-step guidance



## Understanding the World

Observe growth and change in plants

**Adaptations:** Personal photo books, routine cards, sensory props

# Summer 1: Adventure

**Picture Book:** Quest

**School Value:** We are inspired to grow



## Communication & Language

Describe adventure scenes using picture prompts

**Adaptations:** Visual supports, picture cards, simple phrases



## PSED

Work in pairs for treasure hunt activities

**Adaptations:** Emotion cards, visual schedules, sensory breaks



## Physical Development

Climbing and balancing challenges

**Adaptations:** Adapted equipment, visual cues, step-by-step guidance



## Literacy

Create a simple adventure map with labels

**Adaptations:** Thick markers, textured paper, name cards with photos



## Maths

Shape hunt outdoors, positional language

**Adaptations:** Concrete objects, songs, visual number lines



## Understanding the World

Explore outdoor environments and safety

**Adaptations:** Personal photo books, routine cards, sensory props



## Expressive Arts & Design

Make treasure chests and adventure props

**Adaptations:** Large brushes, textured materials, guided steps

# Summer 2: Our World

**Picture Book:** Here We Are

**School Value:** We thrive on difference



## Communication & Language

Talk about different places and people using visuals

**Adaptations:** Visual supports, picture cards, simple phrases



## PSED

Discuss kindness and helping others

**Adaptations:** Emotion cards, visual schedules, sensory breaks



## Physical Development

Outdoor games promoting teamwork

**Adaptations:** Adapted equipment, visual cues, step-by-step guidance



## Literacy

Create fact sheets about animals or places

**Adaptations:** Thick markers, textured paper, name cards with photos



## Maths

Sort objects by country or habitat

**Adaptations:** Concrete objects, songs, visual number lines



## Understanding the World

Explore continents and oceans with sensory maps

**Adaptations:** Personal photo books, routine cards, sensory props



## Expressive Arts & Design

World art styles: painting flags and patterns

**Adaptations:** Large brushes, textured materials, guided steps