



Kingsway Primary School Physical Education Policy

1. Aims and Vision

At our school, Physical Education is an essential part of a broad and balanced curriculum. We aim to inspire all children to develop a lifelong love of physical activity, promoting health, well-being, teamwork, and resilience.

Our PE curriculum is underpinned by our core values:

- We care about togetherness – we promote teamwork, cooperation, and respect through shared physical experiences**
- We thrive on difference – we celebrate individual strengths, abilities, and achievements in a supportive environment**
- We are passionate about learning – we encourage enthusiasm, effort, and enjoyment in all physical activities**
- We are inspired to grow – we support children to develop skills, confidence, and resilience over time**

2. Curriculum Intent

Our PE curriculum follows the National Curriculum for Physical Education and aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities**
- Are physically active for sustained periods of time**
- Engage in competitive sports and activities**
- Lead healthy, active lives**

In addition, we promote physical literacy, confidence, and enjoyment, ensuring that all children feel successful and motivated to participate.

Our reading-inspired curriculum supports PE by using high-quality texts where appropriate to:

- Introduce sports, athletes, and healthy lifestyles**
- Explore themes such as teamwork, perseverance, and resilience**
- Develop understanding through stories and real-life examples**

3. Curriculum Implementation

PE Provision

- All pupils receive a minimum of 2 hours of PE per week
- Lessons are carefully planned to ensure progression in skills, knowledge, and fitness
- A wide range of sports and physical activities are taught to ensure full curriculum coverage

Curriculum Content

Our PE curriculum includes:

- Fundamental movement skills (balance, agility, coordination)
- Games (invasion, net and wall, striking and fielding)
- Gymnastics
- Dance
- Athletics
- Outdoor and adventurous activities (where appropriate)

In Key Stage 2, pupils also take part in competitive sports and develop teamwork and leadership skills.

Swimming Provision

Swimming is an important part of our curriculum. We provide this through a mobile swimming pool, which visits school on a three-year rolling programme. This ensures that all pupils have the opportunity to:

- Develop water confidence
- Learn to swim competently and safely
- Understand water safety

Sports Week and Enrichment

Each year, we hold a whole-school Sports Week, which includes:

- A variety of sporting activities and experiences
- Opportunities to try new sports
- A celebration of physical activity and teamwork

This culminates in our annual Sports Day, where children:

- Take part in competitive and non-competitive events
- Celebrate effort, participation, and achievement
- Experience a strong sense of community

Sports Week often links to major global sporting events such as the Olympic Games or the FIFA World Cup, helping children connect their learning to the wider world.

Teaching Approach

PE is taught through a supportive and inclusive approach:

- **Skills are modelled and practised progressively**
- **Lessons include warm-ups, skill development, application, and reflection**
- **Pupils are encouraged to evaluate their own and others' performance**
- **Opportunities for teamwork, leadership, and communication are embedded**

4. Inclusion and Equal Opportunities

We believe PE is for every child.

- **All pupils are encouraged to participate and succeed**
- **Activities are adapted to meet individual needs and abilities**
- **A wide range of sports ensures all children can find something they enjoy**
- **Positive attitudes towards participation and effort are promoted**

5. Assessment

Assessment in PE is ongoing and formative.

Teachers assess pupils through:

- **Observation of skills and performance**
- **Participation and engagement**
- **Teamwork and attitude**
- **Ability to evaluate and improve**

Assessment focuses on:

- **Physical skills and development**
- **Knowledge of rules and strategies**
- **Personal and social skills**
- **Progress over time**

6. Impact

The impact of our PE curriculum is seen in:

- **Pupils who enjoy being active and understand the importance of a healthy lifestyle**
- **Increased confidence and competence in a range of physical activities**
- **Strong teamwork, resilience, and sportsmanship**
- **Positive attitudes towards competition and participation**
- **Children who are inspired to remain active beyond school**

7. Monitoring and Review

The PE subject leader is responsible for:

- **Monitoring teaching and learning across the school**
- **Reviewing planning and pupil outcomes**
- **Supporting staff with subject knowledge and training**
- **Ensuring progression and curriculum coverage**
- **Reviewing and updating this policy regularly**