



At Kingsway Primary School, our Physical Education curriculum is designed not only to develop students' physical skills but also to nurture their social, emotional, and intellectual growth. By incorporating a **Reading Inspired Curriculum**, we enrich our PE lessons with stories, biographies, and texts that inspire resilience, teamwork, and a love of physical activity. Aligned with our core values—**caring about togetherness, thriving on difference, passionate about learning, and inspired to grow**—our PE curriculum promotes lifelong healthy habits, inclusivity, and personal achievement.


Intent Overview

Our PE curriculum aims to:

- Develop physical competence, coordination, and confidence across a broad range of activities.
- Instil a love of movement and active lifestyles through inspiring stories and role models.
- Encourage teamwork, respect, and empathy through collaborative games and sports.
- Foster resilience, perseverance, and a growth mindset in facing physical challenges.
- Celebrate diversity in sport and physical activity, recognising and valuing individual differences.

Implementation Strategies through our School Values

<p>We Care about Togetherness</p> 	<p>We Thrive on Difference</p> 
<p>To promote togetherness through PE, we encourage the following behaviours:</p> <ul style="list-style-type: none"> • Working Cooperatively in Team Games and Activities Pupils play fairly, share responsibilities, and support each other to achieve common goals. • Encouraging and Praising Teammates Children offer positive words of encouragement and celebrate both team and individual successes. • Including Everyone in Activities Pupils actively ensure that all classmates are involved, showing kindness and support to those who may be less confident. • Resolving Disagreements Calmly and Respectfully Children work through conflicts maturely, listening to others' viewpoints and agreeing on fair solutions. • Helping Peers Learn New Skills Pupils willingly demonstrate and explain techniques to classmates who need support, fostering a caring learning environment. 	<p>To promote thriving on difference through PE, we encourage the following behaviours:</p> <ul style="list-style-type: none"> • Respecting and Valuing Different Abilities Pupils recognise and celebrate the different strengths each person brings to physical activities, understanding that everyone contributes in their own way. • Including and Supporting All Participants Children ensure that everyone feels welcome and included, adapting games and activities so all can take part and enjoy success. • Learning About and Trying Different Sports and Games Pupils show enthusiasm for exploring physical activities from various cultures and traditions, appreciating the diversity of global sports. • Listening to and Considering Different Strategies Children value diverse ideas during team discussions and try different approaches to solving challenges in games and sports. • Celebrating Unique Contributions to Team Success

	<p>Pupils acknowledge and praise a range of roles and skills—whether leadership, teamwork, or creativity—that contribute to team achievements.</p>
<p><i>We are Passionate about Learning</i></p> 	<p><i>We are Inspired to Grow</i></p> 
<p>To promote being passionate about learning through PE, we encourage the following behaviours:</p> <ul style="list-style-type: none"> <p>Showing Enthusiasm and Energy in All Activities</p> <p>Pupils actively participate with excitement and a positive attitude, giving their best effort in every lesson.</p> <p>Asking Questions to Improve Skills and Techniques</p> <p>Children show curiosity by asking for advice and clarification on how to perform skills more effectively.</p> <p>Demonstrating Perseverance When Learning New Skills</p> <p>Pupils keep trying even when they find activities challenging, understanding that practice leads to improvement.</p> <p>Encouraging and Motivating Others</p> <p>Children show passion by cheering on their peers and celebrating both their own and others' successes.</p> <p>Exploring Physical Activity Beyond Lessons</p> <p>Pupils talk about and engage in sports and physical activities outside of school, showing a genuine love for being active.</p> 	<p>To promote being inspired to grow through PE, we encourage the following behaviours:</p> <ul style="list-style-type: none"> <p>Setting Personal Goals for Improvement</p> <p>Pupils reflect on their performance and set targets to develop their skills, fitness, or teamwork abilities.</p> <p>Responding Positively to Feedback</p> <p>Children listen carefully to coaching and feedback, using it to make improvements and try new strategies.</p> <p>Embracing Challenges and New Activities</p> <p>Pupils show enthusiasm for trying unfamiliar sports or skills, understanding that stepping out of their comfort zone helps them grow.</p> <p>Demonstrating Resilience and Perseverance</p> <p>Children keep going when faced with difficult tasks or competitive situations, showing determination to improve over time.</p> <p>Celebrating Personal and Team Progress</p> <p>Pupils recognise how far they and their teammates have come, taking pride in both small improvements and big successes.</p>

Impact

By the end of their primary education, children at Kingsway Primary School will be:

- Confident and Collaborative Team Players**

Pupils leave primary school with strong teamwork and communication skills, showing empathy, fairness, and respect in all physical activities. They understand the value of supporting others and celebrating shared success, reflecting *caring about togetherness*.

- Inclusive and Respectful Participants**

Children appreciate and celebrate differences in ability, culture, and sporting traditions. They actively

include and support others, showing that they *thrive on difference* and value the unique contributions everyone makes in sport and physical activity.

- **Motivated and Enthusiastic Learners for Life**

Pupils develop a love for physical activity, fostered through engaging lessons and inspiring sporting stories linked to high-quality literature. They leave with a passion for maintaining healthy, active lifestyles, demonstrating they are *passionate about learning*.

- **Resilient and Ambitious Athletes Ready to Grow**

Children understand that success comes through effort and perseverance. They leave with a positive mindset, able to reflect on their progress, set personal goals, and embrace new challenges with confidence, truly *inspired to grow*.

Monitoring and Evaluation

Monitoring and evaluation of our Physical Education curriculum ensure that all pupils experience a broad, balanced, and inspiring programme that supports both physical development and personal growth. Through lesson observations, pupil voice, skills tracking, and review of cross-curricular links with high-quality literature, we assess how effectively pupils develop key physical skills, teamwork, and a positive attitude towards lifelong health and fitness.

We look for evidence of inclusive participation (*caring about togetherness*), celebration of different abilities and cultural sporting traditions (*thriving on difference*), high levels of enthusiasm and engagement (*passionate about learning*), and resilience and ambition to improve personal performance (*being inspired to grow*).

This ongoing evaluation ensures that lessons remain engaging, inclusive, and aligned with both the National Curriculum and our school values, preparing children to lead healthy, active, and fulfilling lives.

At Kingsway Primary School, our Physical Education curriculum not only develops strong, active, and healthy children but also nurtures thoughtful, inclusive, and motivated learners who are passionate about personal growth and well-being, both inside and outside of the classroom.